



THE TOLLYGUNGE CLUB LTD.

Reopening of Gym from Thursday, 1st July 2021
Protocol for use of the Gym at the Club

From 1st July 2021 the Club Gym will operate under the following guidelines:

- i.** The Gym will stay open from 6:00 am to 10:00 am and 4:00 pm to 8:00 pm on all days except Mondays.
- ii.** Members will require to book a timing 24 hrs in advance. Each slot will be for 1 hour and thereafter there will be a gap of 15 minutes for sanitization by club staff. Contact person Mr. Ranjan Brahamachari, Mobile No. 9830708680 (through WhatsApp only), **between 10:30 AM to 5:30 PM.**
- iii.** As per Government directives it is mandatory for any Gym user to have been vaccinated.
- iv.** No Air Conditioners will be used. Ceiling and Pedestal Fans will be provided. All windows will be kept open for adequate circulation of air.
- v.** Not more than 8 members will be permitted in the Gym at any one time.
- vi.** A minimum of 6 ft distance to maintain physical distancing.
- vii.** Members should carry their own towels and mats.
- viii.** Sanitizers will be provided at the entrance and in specific locations inside the Gym.
- ix.** It is recommended that members also carry their personal sanitizers as well.
- x.** Please sanitize equipment and your hands prior to using any equipment.
- xi.** No group classes will be permitted.
- xii.** Members should leave the Gym immediately after their training session is completed.
- xiii.** Use of any Club facilities is at the members risk and liability.

A. R. Mukerji

C. E. & Managing Member

29th June, 2021

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